



“To promote an understanding of the complexity of the life and times of President Woodrow Wilson, his influence on the world, his relevance today and for the future.”

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Interactive workshops offer a look into the history of women’s suffrage

STAUNTON, VA – Join the Woodrow Wilson Presidential Library & Museum, along with Medieval Fantasies Company, for three upcoming workshops that delve into the history of women’s suffrage. From self-defense to special tea blends, each of these workshops promises both education and enjoyment.

Suffrajitsu: “The Arte of Lady’s Defence,” Sat, Aug 5 at 11 AM, 1:30 PM, and 3:30 PM
(\$20/person)

Women in England who were campaigning for suffrage in 1913 were taught basic self-defense, and the term coined in 1914 by an English reporter defined this style similar to Ju-jitsu. These workshops will demonstrate the techniques taught to suffragettes in England, and discover moves also taught in similar ladies’ self-defense courses of the time. This workshop is offered at three different times on Saturday, August 5: 11 AM, 1:30 PM, and 3:30 PM

Tea Blending, Saturday, August 12 at 3 PM (\$30/person)

Prepare for our Suffrage Tea by learning the basics of tea blending. At the turn of the century, various companies marketed their own blends of “Equality Tea” and sold the tea to raise money for the suffrage movements. Learn about some of the most popular blends, and how our resident tea blending expert combines various ingredients to make the perfect cup of tea in this hour-long workshop. Each participant will also get to take home a jar of tea to enjoy.

“Suffrage Equali-Tea,” Saturday, August 19 at 3 PM (\$40/person)

The first formal conversation for voting rights for women in America began in 1848 when key members of the women’s suffrage movement met over tea. In 1913, they held a “Votes For Women” luncheon with special themed dishes and tea service sets for all guests to enjoy. Join us for a “Low Tea” featuring refreshments by *Nu-Beginning Farm The Store*, learn about these famous women, and more.

For tickets and more information, please visit givebutter.com/SuffrageSaturdays23. (Museum members may contact Emily Kilgore at educationdirector@woodrowwilson.org to receive a discount code.) **Please note that the cut-off for registration is Thursday, August 3.**

The Woodrow Wilson Presidential Library and Museum is an educational institution dedicated to the study of the life of President Wilson and the times in which he lived. The Museum is located at 20 N. Coalter Street, Staunton VA. For additional information, please contact Emily Kilgore, Director of Education & Engagement at 540-885-0897 ext. 122 or visit www.woodrowwilson.org.

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