

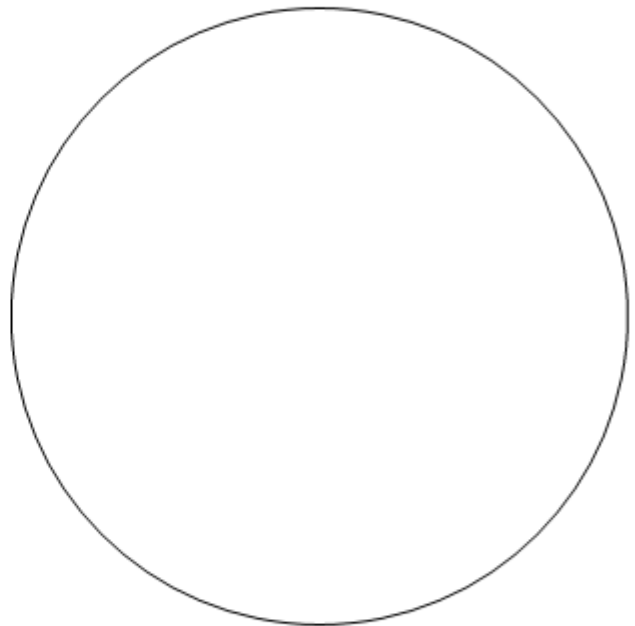
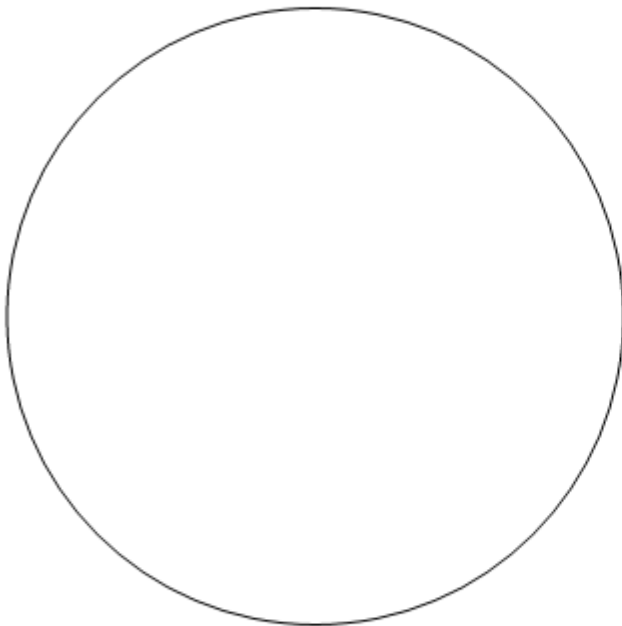
A Coin for Margaret

In 2007, the United States Mint, the agency that deals with our money, began a program releasing coins of our First Ladies. Each coin included the image and name of the First Lady, the number of the president, the years served, and an image of something meaningful to the First Lady. For example, Ellen Wilson, President Wilson's first wife had the image of roses because of her work on the White House rose garden. His second wife, Edith, had an image of her hand on Wilson's hand while he held a cane because she helped him after the stroke. What about his daughter, Margaret? She served as a "temporary" First Lady in between his wives. Let's design a coin for Margaret!



Sample of Ellen's coin

Now design your own!





Jessie Gives Back

Jessie was always giving back. Remember how she worked at a settlement house in Philadelphia helping the poor? Remember how she worked hard for the Democratic party and helped get candidates elected? She was definitely a true giver.

Let's pick a day and call it National Be Like Jessie Day! All day long, let's think about others and how we can give back - just like Jessie. Here is a list of possible activities. See if some of these are good for you OR talk with your family and create some of your own. Just remember - be a giver!

Activity Possibilities

Make a card for one of your older relatives.

Make a card or decoration for a nursing home.

Thank the workers who help you. This could be your teacher, mailman, grocery store worker, bus driver, and the list is endless.

Be kind to your family. Help around the house by offering to help your parents, your brothers and sisters.

Visit a neighbor and see if they need anything -with your parents permission. Maybe you can help with a pet or yard work. Every little bit helps.



Tea Time with Eleanor!

Remember how Nell loved to have tea parties? Now it is your turn. You can have a tea party with friends, your stuffed animals, family, or just by yourself. A true tea party had small sandwiches. After you check with your parents as to what is good for you to use as your drink, see if any of these tea sandwich recipes might be fun to make. The most important part of any tea party is to have fun!

Recipe: Cream Cheese and Cucumber

Step 1 - have an adult cut off the crusts of 2 slices of bread.

Step 2 - Spread cream cheese on one slice. Add cucumber slices.

Step 3 - After putting on the top slice, have an adult cut into 4 triangles.

Step 4 - Enjoy!

Recipe: Ham and Cheese

Step 1- Have an adult cut off the crusts of 2 slices of bread.

Step 2 - Place a piece of cheese of your choice and a piece of ham. Add mayo or mustard if you want.

Step 3- After putting the top slice on, have an adult cut into 4 triangles.

Step 4 - Enjoy!!

Other options:

Tuna fish

Peanut butter and jelly

Bologna

And a favorite - your own creation!